



2024 National Solo Dance Final
September 12-15, 2024

**Hosted by the Sunshine State FSC &
AdventHealth Center Ice**

AdventHealth Center Ice
3173 Cypress Ridge Blvd, Wesley Chapel, Florida

The 2024 National Solo Dance Final will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and the current Solo Dance Series guidelines, as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#). The current hand book for the National Solo Dance Series can be found at www.usfigureskating.org under Members Only/Skating Opportunities/Solo Dance/Series Information.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules. Skaters must be a currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

Entry Fees

SOLO DANCE	JUDGING	FEE
Solo Pattern Dance	IJS	\$300
Solo Combined Dance	IJS	\$300
Shadow Dance (per team)	IJS	\$350

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle, and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences, and identities, and want all members to feel values and respect at every level of organization. U.S. Figure Skating's SkateSafe® Program

received, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the most current [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

COACHES:

All compliance requirements must be met at the time of check-in to access the competition, no exceptions. The Sunshine State Figure Skating Club will provide only one (1) credential, to the Primary Coach for this event.

With EMS, the Primary coaches must be included within a skater's registration or updated through their EMS Skater Portal via "[My Coaches](#)". The Primary coach declared at the time of registration will be included on the registration confirmation email. Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources (not SYS or TOI):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

ONLINE REGISTRATION VIA EMS (does not include SYS and TOI team registration):

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee.

Registration Deadline: 08/15/2024 at 11:59pm ET

There is no Late Registration.

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "**2024 National Solo Dance Final**" from the list of competitions.

- a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

CRITIQUES

There will be no critiques at this event.

MUSIC SUBMISSION/UPLOAD:

Competitors are required to upload their music to EMS no later than **August 28th, 11:59 PM ET**. After this date, skaters will be locked out of this feature and subject to a **\$30 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD

All Competitors participating are required to submit PPC in EMS no later than **August 28, 11:59 PM ET**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$30 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. There will be no refunds for Practice Ice unless all sessions at that level are filled.

US FIGURE SKATING TRAVEL POLICY:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

LIABILITY:

U.S. Figure Skating, the Sunshine State Figure Skating Club and AdventHealth Center Ice accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

FACILITY:

AdventHealth Center Ice
3173 Cypress Ridge Blvd
Wesley Chapel, FL

<https://ahcenterice.com>

There are 4 surfaces with 4 locker rooms for each surface.

There is a Pro shop, full-service restaurant and snack bar.

OFFICIAL WEBSITE & UPDATES:

The website for this event is <https://ahcenterice.com/event/nationalsolodancefinal>

It is the responsibility of each competitor, parent and coach to check the web site frequently for any schedule changes and/or additional information pertaining to the competition. All changes, updates and deletions will be made on the website.

SCHEDULE:

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

LOCKER ROOMS AND CHANGING AREAS FOR PRACTICE SESSIONS:

There will be no locker rooms available for Practice Ice Sessions. Skaters must come dressed and ready to practice. We will provide one (1) Ready Room for everyone to put on their skates and store their possessions.

LOCKER ROOMS AND CHANGING AREAS FOR COMPETITION:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please

review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page). **A volunteer who is SafeSkate qualified will be posted at the entrance to the locker room area to ensure that all SafeSkate rules are followed.**

OFFICIAL PRACTICE ICE: All practice ice will be purchased through EMS. Music will only be played on Official Practice Ice sessions. Each competitor will be allowed to purchase two (2) Official Practice Ice sessions for Pattern Dance (one for each segment), one (1) Official Practice Ice session for Shadow Dance, and two (2) Official Practice Ice sessions for Combined Dance (one for each segment). For Pattern Dance, the music for the first segment will be played on the earlier Official Practice Session; the music for the second segment will be played on the later Official Practice session. All Official Practice Ice sessions will be 30 minutes. The cost for Official Practice sessions is \$40 per competitor and \$60 for Shadow Dance teams.

UNOFFICIAL PRACTICE ICE: All practice ice will be purchased through EMS. NO music will be played on Unofficial Practice Ice sessions. Skaters will NOT be permitted to use headphones or any personal music devices. Unofficial Practice Ice sessions for Pattern Dance and Combined events will be limited to 18 skaters per session, and Shadow Dance will be limited to 12 skaters (6 teams) per session. Unofficial Practice sessions will be designated by competition levels or open levels and all will be 30 minutes. The cost for Unofficial Practice sessions for Pattern Dance and Combined Dance is \$35 per competitor and \$60 for Shadow Dance teams.

ONSITE CHECK-IN:

Check-in will open on Wednesday, September 11th, 9:00 AM and will close on Wednesday at 6:30 PM. It will be open on Thursday, Friday, Saturday and Sunday, one hour prior to the beginning of practice ice or the competition and will close immediately following the competition. Check-in will be located in the Multi-Purpose Room beside the snack bar of AdventHealth Center Ice.

ONLINE SCORING:

The 2024 National Solo Dance Final will utilize online scoring. Our website (<https://ahcenterice.com/event/nationalsolodancefinal>) will have the link to the online scoring. In addition, signs will be posted throughout the building providing the link.

AWARDS:

Awards will be given to places 1, 2, 3, 4 of each event. For Solo Pattern Dance and Combined Dance, only one award will be given after the second dance. Awards, with the exception of Senior FD, will be off-ice and given out in the Multi-Purpose Room. Senior FD will be awarded on ice, immediately following the event.

VOLUNTEERS:

We will need volunteers from Wednesday through Sunday. We encourage everyone interested in volunteering to go to our website and utilize our link to Sign-up Genius.

PHOTO/VIDEO:

Official video and photography will be available for purchase at the event.

- Photography and Video by: KRPhotogs: [KrPhotogs Photography](#)

ADDITIONAL INFORMATION:

- **Hotels:** We have several hotels we have worked with to provide reasonable rates for competitors and families. We encourage everyone to use one of these hotels. Please see our website or follow the link below for information and rates.
 - Hotel link for 2024 National Solo Dance Final:
<https://ttievent.com/eventmanager/onlineregistration.asp?D=d&EventCode=9YG>
- **Airports:** Tampa International Airport (TPA) is 27 miles from AdventHealth Center Ice.
- **Vendors:** We will have several vendors at the event.
 - Rink Side Sports
 - Jackson Ultima
 - Graf Figure
 - More to come, see competition website for a full up to date list
- **Jackets with the Competition Logo.** We are pleased to announce that we will have pre-sales of jackets with our competition logo and your name. **THESE WILL ONLY BE AVAILABLE BY PRE-ORDERING.** Skaters will receive emails with further information and order deadlines. [All orders will be taken online only.](#)

TENTATIVE SCHEDULE:

Wednesday:

- Practice Ice (Official and Unofficial)

Thursday:

- Pattern Dance: Bronze, Pre Silver, Silver, Pre Gold, Gold, International Pattern #1
- Practice Ice (Official and Unofficial)

Friday:

- Combined PD: Juvenile, Intermediate, Novice
- Combined FD: Juvenile
- Combined RD: Junior, Senior
- Pattern Dance: International Pattern #2
- Practice Ice (Official and Unofficial)

Saturday:

- Combined FD: Intermediate, Novice, Junior, Senior
- Pattern Dance: Preliminary, Pre Bronze
- Practice Ice (Official and Unofficial)

Sunday:

- Shadow Dance: Preliminary, Pre Bronze, Bronze, Pre Silver, Silver, Pre Gold, Gold, International
- Practice Ice (Unofficial)

CONTACT INFORMATION:

Competition website: <https://ahcenterice.com/event/nationalsolodancefinal>

For questions, please contact the following individuals:

Competition Chair:	Jenna Dispenza	President.SSFSC@gmail.com
Chief Referee:	Carol Wooley	Txaviatrix@gmail.com
Practice Ice Chair:	Bob Crowley	Bobc17@aol.com
Additional Contact:	Morgan Novotny	Treasurer.SSFSC@gmail.com
SafeSport Chair:	Krista Rojas	SkateSafe.SSFSC@gmail.com
Manager, Figure Skating Programs	Casey Mallory	Cmallory@usfigureskating.org